



Candle Lighting:  
5:43 pm



# CHABAD CENTER FOR JEWISH LIFE

# NEWSLETTER



Shabbat Ends:  
6:41 pm

COMMUNITY. CONNECTION. CELEBRATION.

October 27, 2023 | 12th of Cheshvan

Torah Portion: Lech Lecha

DEAR FRIENDS,

This week, the Torah portion of Lech Lecha reminds us that before we can move forward, we must first discover and reveal our true essence. This internal journey calls upon us to explore and unveil our inner being, uncovering the unique qualities that define who we are. This self-discovery forms the bedrock upon which we can construct our future. To truly journey, we need our mind, body, and soul in harmony, but we also need each other's support.

In the face of recent challenges, we've realized our strength lies in unity. This catastrophe shook us to our core but has given us the opportunity to unite at the deepest, most authentic level. By focusing on our shared authenticity, we can overcome anything together. Let's journey together, discovering our true selves, and supporting one another as a community!

**SHABBAT SHALOM!**

RABBI AVRAHAM & CHAVA BEKHOR

KIDDUSH SPONSORED BY:

**Chabad Community**

in loving memory of John Myles Riga o.b.m.  
Jen Gangi's father

Prayer service begins at 10:00am  
Followed by Kiddush at 12:00pm

TO SPONSOR A KIDDUSH, VISIT:  
[WWW.RANDOLPHJEWISH.COM/KIDDUSH](http://WWW.RANDOLPHJEWISH.COM/KIDDUSH)

UPCOMING EVENTS:

- MOMMY & ME 29 OCT
- TORAH & TEA 31 OCT
- JLI COURSE 31 OCT
- TORAH TALKS 1 NOV
- COMMUNITY SHABBAT DINNER 3 NOV

BIRTHDAYS

Ronnie Scarfone | 16 Cheshvan  
Bobi Cohen | 17 Cheshvan  
Todd Schleifstein | 19 Cheshvan

**AM YISRAEL CHAI!**

DEDICATED IN LOVING MEMORY:  
איידל רחל בת אלכסנדר זיסמן

PHOTO OF THE WEEK



26 West Hanover Ave | Randolph, NJ  
[www.RandolphJewish.com](http://www.RandolphJewish.com)



## To my dear Chabad friends and community,

As you may know, this year's focus is on "**Make it a Breakthrough Year!**" for our community.

Fresh out of the gate into this new year we are faced with our 1st challenge! We were catapulted head first into a war and we are left floundering for our emotional, mental and physical footing. We vacillate between despair and resolve throughout the day. Where is our breakthrough year? It's Right Here! Right Now!

The first step of a breakthrough is looking around yourselves and recognizing the pit you are standing in. For every single one of us, we have our own personal pit, made up of negative self image, grief, depression, professional misery, financial troubles or endless worries about our loved ones. However, right now, we are also standing in this pit caused by the atrocities Hamas is inflicting on our beloved people and land of Israel. We are all together as one community, one nation, one Jewish people shattered and heartbroken. This pit is filled with fear, despair, disbelief and for some, anger/vengeance. This darkness is extremely unpleasant but we are not alone in any of this!

Now, we are starting the Breakthrough process all together. We need to start by acknowledging where we are emotionally, mentally and physically.

Next, we come up with a plan for how we want to move forward. We are taking on personal mitzvot, we are gathering to pray and say Tehillim, we are collecting supplies to send to our brothers and sisters in Israel, we are attending rallies, we are expressing our Jewish/Israeli patriotism on our social media platforms for our world to hear, we are giving tzedakah to charities, etc. We are doing things with our hands, our voices, our spiritual souls and the extensions of ourselves through the use of our money.

Then, we rinse and repeat! We can't give up! We can't back down! We can't hide our Judaism! When we can't do this anymore today, we will turn to our community for support, get some rest and get back up tomorrow. Every day, until this war is won, our hostages are released, our soldiers can come home and our Land of Israel is safe once more!

We were at the bottom of our pit at the beginning of this week but we are climbing out together with **UNITY, COMMUNITY and CONNECTION!**

This will all be over one day (B"H soon) and when it is, we will stand together in the light chanting AM YISRAEL CHAI!!! Only then will we be able to look back and realize **our breakthrough was about the journey, not the finish line!**  
AM YISRAEL CHAI!

Shabbat Shalom!  
Klara Sussman



If you see what needs to be repaired and how to repair it, then you have found a piece of the world that G-d has left for you to complete.

**The land of Israel is the heart of the Jewish people, and unity is the heartbeat that sustains it.**

**THE ONLY WAY TO ACHIEVE THE IMPOSSIBLE IS TO BELIEVE IT IS POSSIBLE.**